

# GETTING AHEAD



ALTON

Start to develop skills that are relevant to your course before you join HSDC this September!

## Public Services – BTEC L2 & L3



Before you arrive at HSDC Alton we'd like you to complete some research on some of the modules you'll be studying. It's the type of work you'll be doing when you get to College.

### Unit 1 Government Policies

Let's take a tour of the Houses of Parliament together

<https://www.parliament.uk/visiting/virtualtour/>

Complete this table along the way.

Why is there a Post Office in the central lobby?	In the central lobby, why were grilles put on the windows? (hint, look up)	In the House of Commons Chamber, sit in the Speaker's Chair. What is the Speaker's job?	In the House of Commons Chamber, what is the Table of the House?
In the House of Lords, who sits on the Woolsack?	In the House of Lords, why is there a Throne?	In the House of Lords, what does the Statue of the 18 Barons represent?	What happens in the Royal Gallery?

**We look forward to seeing you in September!**

For further information about your College and being a student at HSDC, please visit [hsrc.ac.uk/Alton](https://hsrc.ac.uk/Alton)

What happens in the Robing Room?	What happened in St Stephens Hall in 1812?	Go to the foot of the steps in Westminster Hall; did you know that directly below the plaques on the floor is where Guy Folkes hid the gunpowder?	When was the New Palace Yard built?
----------------------------------	--	---	-------------------------------------

## Unit 2 Leadership

Watch this YouTube video - <https://www.youtube.com/watch?v=hnEaKAs0bac> and answer these questions as you go.

- How do the British Army develop leadership?
- What is Exercise Self Reliance?
- What leadership skills would be developed on Exercise Long Reach?
- Exercise Crychan's Challenge is designed to test what two things?
- How does the Intermediate Term differ from the Junior Term in terms of leadership?
- Why is it critical that Officer Cadets are able to analyse a problem and implement a workable plan?
- What would test you as a person on Exercise First Encounter?
- Exercise Druids Ridge would test your communication skills, why?
- In the Senior Term Exercise Broadsword forces cadets to make what kind of decisions?
- To complete Exercise Dynamic Victory you would need to be able to think clearly and confidently, why?

**We look forward to seeing you all in September!**

For further information about your College and being a student at HSDC, please visit [hsdc.ac.uk/Alton](https://hsdc.ac.uk/Alton)

## Unit 3 Citizenship

During your time in College, you will be offered a chance to complete the National Citizenship Service(NCS). This is an exciting time away from College with your new classmates and is *free of charge!* Head over to their website - <https://wearencs.com/what-is-ncs>. After you've explored the site, answer the following question:

*How would completing the NCS programme help me join a Uniformed Public Service?*

## Unit 4 Physical Preparation.

All uniformed services programmes have a physical entry requirement. Here is a training programme for the Royal Navy - <https://www.royalnavy.mod.uk/~media/files/cnr-pdfs/fitness%202013.pdf>. If possible, get outside every day and try to follow as much as you can. If you are unable to swim, why not replace this with a bike ride or walk?

You should research the fitness testing that your chosen service tests for. When you join up with us we will test you too.

**We look forward to seeing you all in September!**

For further information about your College and being a student at HSDC, please visit [hsdc.ac.uk/Alton](https://hsdc.ac.uk/Alton)